

THE J.W. WOODWARD FUNERAL HOME, INC.

## CONTINUING CARE SERIES

We welcome you to take this journey alongside us.

Free to the Public • Free Resource Packets Light Refreshments Served • Free Transportation Upon Request

#### PART I

Healing Through the Holidays
The "Most Wonderful Time of Year"
Can be the Hardest
Thursday, November 1, 2018 | 6 pm

#### PART III

WORKING THROUGH GRIEF Transitioning Back into the Workplace After Loss Thursday, February 7, 2019 | 6 pm

#### PART II

Healing Through the Holidays

Healthy & Unhealthy

Coping Strategies

Thursday, December 6, 2018 | 6 pm

#### PART IV

Dealing with the Loss of a Pet Grieving our Four-Legged Family Members Thursday, May 2, 2019 | 6 pm

The loss of a loved one affects a child in ways that we as adults often cannot fully relate. Children that experience loss can be left confused and traumatized due to their own lack of understanding or ability to comprehend what has occurred. Notably, children are notoriously resilient, and when presented with loss appropriately, can continue to lead happy, healthy lives in spite of the devastation that can result from losing a loved one at a younger age.

Join us for session five of our five-part Continuing Care Series on Thursday, August 2, as we hear from licensed professionals that specialize in grief as it relates to children. Attendees will gain useful information and resources regarding the unique ways in which grief affects children and best practices to help foster their recuperation and resilience.

Space is limited, so reserve your spot now!

#### All sessions will be held at:

### THE JOHN STINSON WOODWARD MEMORIAL CHAPEL

594 Howard Street, Spartanburg, 29303

#### HOW TO REGISTER

ONLINE: www.jwwfh.eventbrite.com PHONE: 864.582.6751

IN PERSON: 594 Howard Street, Spartanburg 29303 Between 9am – 4pm, Monday – Friday. Ask for Diana Sanchez.

#### Questions?

Please email info@jwwoodwardfuneralhome.com or call 864.582.6751

# Follow us on Facebook facebook.com/jwwoodwardfuneralhome

We believe that our purpose involves going above and beyond simply conducting funeral services and memorials. We believe that life and death are so intertwined they are inseparable. Our duty to you, therefore, not only encompasses death, but also life after death and loss - continuing care.

Our work places us in a unique position to interact and build relationships with so many. We recognize that our clients, friends, and extended family may desire or need continuing care without even realizing it. As real people, we have real reactions and continuing needs. We work tirelessly to develop new ways to provide you superior service.

The 2018–19 JWWFH Continuing Care Series is a four-part series of FREE sessions. Each session will address a different aspect of grief, how it affects our mental wellness, and what steps to consider if/when it does.

Each session will include a formal portion conducted by a licensed professional(s), potential small group or breakout sessions, and conclude with an informal component to provide you a roadmap to taking additional steps if desired. Light refreshments will be served.

Sponsored in part by Dr. C. E. Crite, Jr.

THE J.W. WOODWARD FUNERAL HOME, INC.

ESTABLISHED 1916

The Home That Service Built

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